

Song of Ascents (Psalm 121)

אָשָׂא עֵינַי אֶל הַהָרִים, מֵאֵין יָבֵא עֶזְרִי.

Esa einai el heharim, mei' ayin yavo, (yavo) ezri.

I lift my eyes to the hills. From where does my help come?

עֶזְרִי מֵעַם יְיָ, עֹשֶׂה שָׁמַיִם וָאָרֶץ.

Ezri mei-im Adonai, oseh shamayim va'aretz.

My help comes from God, maker of the heavens and the earth.